How to use guides
With lancing tips to make MICROLET™NEXT even easier to love
The simply improved MICROLET™ NEXT is easier to love

- **Uses MICROLET™ lancets**: Glides smoothly into the skin with a silicone coating.

- **Lancing Device**: Simply Improved

- **Endcap dial**: Helps minimise pain with 5 clearly visible depth settings.

- **Lancet ejector**: Helps prevent accidental lancing with no need to place fingers on the lancet.

- **Smooth-gliding mechanism**: Minimises noise to help reduce pain perception.

- **Locking endcap**: Secures the lancet to help prevent accidental lancing.

References can be found on the back cover.
**Steps to lancing success**

**Prepare**
- Twist and unlock the endcap as shown
- Line up the white raised mark and black indented mark
- Loosen the round protective cap on the lancet but do not remove it
  - Rotate 1/4 turn
- Insert the lancet firmly into the lancing device
  - Push until the lancet comes to a complete stop
- Carefully twist off the round protective cap
  - Save the cap for disposing of the used lancet
- Re-attach the endcap
  - ‘Click’ to lock

**Lance**
- Rotate the endcap dial to adjust the puncture depth
  - 1 for the shallowest and 5 for the deepest
- Pull back the reset handle until the release button is raised
- Press the lancing device firmly against the side of your finger and press the release button
  - You will hear a click when the lancet is released

**Eject**
- Remove the endcap
- Place the protective cap that you saved onto a flat surface. Push the lancet into the cap as shown
- Push the grey lancet ejector forward until the lancet falls into the container, then slide ejector back
  - Don’t forget to re-attach the endcap

Before use and for full information please see the MICROLET™NEXT packaging insert¹

See MICROLET™NEXT in action with our handy how to use video at www.xxx.com
Lancing FingerTips

Your MICROLET™NEXT lancing device is designed to help minimise pain and make testing simple.²,³
To get the best from your device, follow these simple tips.

Before

- Wash your hands with soap and warm water before testing⁴–⁶
- Avoid using alcohol-based products to clean your hands⁴
- Gently massage your finger from base to tip to get blood to the skin surface⁴
- Use a new MICROLET™ lancet for each test so that the needle is sharp and sterile⁴
- Find the most comfortable depth setting for you²,⁴

During

- For comfort, lance the side of your finger rather than the fingertip¹,⁴,⁶
- Use a different finger each time you lance – avoid your index fingers and thumbs⁴,⁶
- Apply the MICROLET™NEXT device firmly to the puncture site when lancing¹
- Use the lancet ejector to remove the lancet¹
- Dispose of your MICROLET™ lancet in a sharps container after use¹

After

Speak to your healthcare professional about alternative site testing with MICROLET™NEXT to help protect your sensitive fingertips¹

References